



FEMALE WORLD SPORT SCHOOL CHALLENGE 2025

JAN 30 - FEB 2, 2025

HOCKEY FOR ALL CENTRE

Welcome

The St. Mary's Academy Flames are proud to be the host team of the 12th annual Female World Sport School Challenge (FWSSC) from January 30 – February 2 at the hockey for all centre. We extend a warm Winnipeg welcome to athletes, coaches, team managers and staff, scouts, parents and friends from across Canada who will undoubtedly enjoy the play of top-level female hockey players!

Female hockey has grown in popularity as evidenced by the increasing numbers of youth female players, increased post-secondary opportunities for players and the evolution of a professional female hockey league. Hockey Canada has taken a lead role by encouraging and sanctioning Sport Schools to create an environment balancing academics and sport. Since the inaugural tournament in 2013, the FWSSC has welcomed teams from New Brunswick, Nova Scotia, Quebec, Ontario, Manitoba, Saskatchewan, Alberta and British Columbia and numerous American states. Numerous players who have competed at the FWSSC have gone on to play college hockey, represent their province at national competitions, wear the maple leaf at international tournaments and play hockey professionally.

We express gratitude to our tournament sponsors whose support allows the tournament to present a high calibre event to the deserving athletes. To the volunteers we extend heartfelt gratitude. The success of the FWSSC could not be possible without the collaborative efforts of our committed volunteer corps.

Our committee and host team Flames encourages everyone to enjoy the moments of competition and the successes of the athletes!

Organizing Committee
Female World Sport School Challenge



FWSSC 2025 SCHEDULE

#	TIME	DIVISION	HOME	AWAY	ARENA
Thursday, January 30					
1	2:30 PM	Pool A	Kings-Edgehill Highlanders	Westman Wildcats	PCL
2	3:15 PM	Pool B	RHA Winnipeg	Northern Capitals	Flynn
3	5:00 PM	Pool A	St. Mary's Academy Flames	Sherwood Park Reign	PCL
4	5:45 PM	Pool C	Pilot Mound Buffaloes	Yellowhead Chiefs	Flynn
5	7:30 PM	Pool B	Winnipeg Ice	Interlake Lightning	PCL
6	8:15 PM	Pool C	Thunder Bay Queens	Winnipeg Avros	Flynn
Friday, January 31					
8	8:00 AM	Pool B	RHA Winnipeg	Winnipeg Ice	PCL
7	8:00 AM	Pool B	Northern Capitals	Interlake Lightning	Merit
9	8:15 AM	Pool A	Kings-Edgehill Highlanders	St. Mary's Academy Flames	WMGT
10	8:15 AM	Pool A	Westman Wildcats	Sherwood Park Reign	Flynn
11	10:30 AM	Pool C	Pilot Mound Buffaloes	Thunder Bay Queens	PCL
12	10:30 AM	Pool C	Yellowhead Chiefs	Winnipeg Avros	Merit
13	5:30 PM	Pool B	Winnipeg Ice	Northern Capitals	WMGT
14	5:30 PM	Pool B	Interlake Lightning	RHA Winnipeg	Flynn
15	7:30 PM	Pool A	St. Mary's Academy Flames	Westman Wildcats	PCL
16	7:30 PM	Pool A	Sherwood Park Reign	Kings-Edgehill Highlanders	Merit
17	8:00 PM	Pool C	Winnipeg Avros	Pilot Mound Buffaloes	WMGT
18	8:00 PM	Pool C	Yellowhead Chiefs	Thunder Bay Queens	Flynn
Saturday, February 1					
19	9:10 AM	Consolation	11th Place Consolation	4th A/B/C	Merit
20	11:00 AM	Semi-Final A	1st A/B/C	WILDCARD	PCL
21	11:15 AM	Semi-Final B	1st A/B/C	1st A/B/C	Flynn
22	11:40 AM	Consolation	9th Place Consolation	3rd A/B/C vs 4th A/B/C	Merit
23	1:30 PM	Consolation	7th Place Consolation	3rd A/B/C	PCL
24	1:45 PM	Consolation	5th Place Consolation	2nd A/B/C	Flynn
Sunday, February 2					
25	9:15 AM	Bronze Medal Game	Loser Game 20 & 21	Loser Game 20 & 21	Flynn
26	10:00 AM	Gold Medal Game	Winner Game 20 & 21	Winner Game 20 & 21	PCL

**** Game 15 - FWSSC Banner Game on PCL Arena, Sponsor Recognition Evening**

POOL A	POOL B	POOL C
Kings-Edgehill Highlanders	Interlake Lightning	Pilot Mound Buffaloes
Sherwood Park Reign	Northern Capitals	Thunder Bay Queens
St. Mary's Academy Flames	RHA Winnipeg	Winnipeg Avros
Westman Wildcats	Winnipeg Ice	Yellowhead Chiefs

ARENAS: Flynn Arena, Merit Arena, PCL Arena, **WMGT:** Western Marble Granite & Tile Arena
All games are played at the hockey for all centre, 3969 Portage Avenue, Winnipeg, Manitoba



@FWSSChallenge



@FWSSChallenge







www.fwssc.ca





| www.hockeytv.com







POOL A

					Points	Pool Placing
KINGS EDGEHILL HIGHLANDERS						
SHERWOOD PARK REIGN						
ST. MARY'S ACADEMY FLAMES						
WESTMAN WILDCATS						

POOL B

					Points	Pool Placing
INTERLAKE LIGHTNING						
NORTHERN CAPITALS						
RHA WINNIPEG						
WINNIPEG ICE						

POOL C

					Points	Pool Placing
PILOT MOUND BUFFALOES						
THUNDER BAY QUEENS						
WINNIPEG AVROS						
YELLOWHEAD CHIEFS						

2025 FEMALE WORLD SPORT SCHOOL CHALLENGE

TOURNAMENT RULES

1. GAME FORMAT

Each game will be preceded by a 7 minute on ice warm-up; puck drop will follow immediately, there will not be ice resurfacing. The length of all games will be three (3) twenty minute (20) stop time periods. The ice will be resurfaced before each period unless otherwise instructed by the event Chair. In the event that a game results in a tie at the completion of regulation time, the game will proceed to the Overtime format as detailed in item 2d.

2. THE TOURNAMENT WILL BE PLAYED UNDER OFFICIAL HOCKEY CANADA RULES WITH THE FOLLOWING EXCEPTIONS

- **No Change on Icings:** Teams guilty of “Icing the Puck” will not be allowed to make a line change on that stoppage of play.
- **Face-off following a Penalty** being assessed will take place in the defensive zone of the offending team.
- **Mercy Rule:** In games #1 through #18, when a team is winning by 5 or more goals at the midway mark (10-minute mark) of the 3rd period “running time” shall be played and will continue unless a difference of less than 5 goals occurs at which time the game will revert to “stop time”. Penalties assessed when Mercy Rule is in effect will be run-time as well; if game play reverts to “stop time” and any penalty remaining will also revert to stop time.
- **Overtime for tied games:** All overtime periods of Games # 1 through #26 shall be played with each team at the numerical strength of 3 skaters and 1 goalkeeper. The goaltenders will defend the same goal during overtime as in the 3rd period.

a. In the Preliminary Round games (Games #1-18): the teams will have a 2-minute intermission on the ice after which a 5 minute “sudden victory” overtime period will be played with 3 skaters and 1 goalkeeper for each team. If the game is still tied then a shoot-out will take place to determine a winner. The teams will defend the same goal during overtime and shoot-out as in the third period.

b. In Play-off Round games (Games #19-24): the teams will have a 2-minute intermission on the ice after which a 5 minute “sudden victory” overtime period will be played with 3 skaters and 1 goalkeeper for each team. If the game is still tied then a shoot-out will take place to determine a winner. The teams will defend the same goal during overtime and shoot-out as in the third period.

c. In the Bronze Medal game (Game #25): the teams will have a 2-minute intermission on the ice after which a 5 minute “sudden victory” overtime period will be played with 3 skaters and 1 goalkeeper for each team. If the game is still tied then a shoot-out will take place to determine a winner. The teams will defend the same goal during overtime and shoot-out as in the third period.

d. In the Championship Gold Medal game (Game #26): the teams will have a 2-minute intermission on the ice after which a 10-minute “sudden-victory” overtime period will be played with 3 skaters and 1 goalkeeper for each team. If the game is still tied, then a shoot-out will take place to determine a winner. The goaltenders will defend the same goal for the shoot-out as in the overtime period.

3. POINT ALLOCATION

- Three (3) points will be awarded for a win in regulation time.
- In a game that requires Overtime or Shoot-out to determine a winner; the winning team will be awarded two (2) points and the losing team will be awarded one (1) point.

4. SHOOT-OUT GUIDELINES

- The Home Team has the choice of which team will shoot first.
- Each team does not need to name their first 3 shooters prior to start of game.
- If still tied after the initial round of 3 shooters per team the Shoot-Out will continue as a single player shoot-out.
- Any eligible player on the game roster can shoot in this next series of shots, except for players serving penalties at end of Overtime.
- Goaltenders shall defend the same goal as in the overtime period.

* **Note to Coaching Staff:** Refer to the 2025 FWSSC Technical Package for fully detailed Rules and Regulations.



INTERLAKE LIGHTNING



KINGS-EDGEHILL HIGHLANDERS

#	NAME	POS	BORN
1	Orienna Kennedy	G	2007
4	Kait Yanchishyn	D	2007
5	Chloe Minkus	F	2007
6	Kashlynn Kiesman	F	2009
7	Shelby Staples	D	2007
8	Keira Pattie	F	2009
9	Teagan Bragg	D	2009
10	Brooke Cyr	F	2007
12	Anne Thiessen	D	2007
14	Jordan Clark	F	2008
15	Makayla Warnick	D	2009
16	Bre-Ann Windross	F	2007
17	Ellis Pearson	D	2009
19	Blake Darragh	F	2009
21	Ireland Tymchak	F	2007
22	Makayla Sydenham	D	2010
30	Joslyn Tetlock	G	2009
35	Jane Sugimoto	G	2007

TEAM STAFF

Title	Name	Contact
Head Coach	Kelsey McHolm	kelsey.mcholm@gmail.com
Assistant Coach	Sam Brownell	or 204-770-9060
Assistant Coach	Sam Strassburger	
Manager	Jennifer Thiessen	

#	NAME	POS	BORN
4	Lydia Libis	F	2010
5	Ariel Lorde	F	2010
6	Heather Lawton	D	2010
* 8	Renee Olsen	F	2007
* 9	Grace Allison	F	2007
10	Emma-Joan Lawton	F	2008
11	Elise Hooley	F	2007
12	Casey Underhill	D	2008
13	Allie Sangster	F	2010
* 14	Leslie Cuddihy	D	2006
16	Brea Cormier	F	2008
17	Brooklyn Jefford	D	2008
21	Alison MacLean	F	2009
22	Halle Black	F	2009
25	Emma McLeod	F	2007
27	Ida Schloglmann	D	2008
30	Sophie Zettler	G	2010
31	Lily Williams	G	2009
33	Sarah Hillier	G	2008
44	Addison Smith	D	2009
72	Ella Flinn	F	2008

* Committed

TEAM STAFF

Title	Name	Contact
Head Coach	Cameron Scott	cscott@kes.ns.ca or 902-266-4446



NORTHERN CAPITALS



PILOT MOUND BUFFALOES

#	NAME	POS	BORN
1	Taylor Rutter	G	2008
4	Paxton Fraser	F	2008
5	Breanna Hunter	F	2007
6	Sarah Prestmo	D	2007
7	Poppy Watson	F	2008
8	Johana Ketter	F	2008
9	Neen Suapa	F	2008
10	Gabriella Meier	F	2007
11	Ali Caron	F	2009
12	Paige Cheek	F	2007
13	Tylor Jensen	D	2008
14	Paige Umbach	F	2009
16	Lucy LaFontaine	F	2010
17	Aly Hart	D	2007
18	Reese Overton	F	2008
19	Nicole Bateman	F	2008
20	Taylor Siemens	D	2008
21	Lauren Baker	F	2007
22	Staysha Hiebert	D	2007
30	Payton Planetta	G	2007

TEAM STAFF

Title	Name	Contact
Head Coach	Hayden Berra	hkberra17@gmail.com
Assistant Coach	Shayden Hiebert	or 250-261-3101
Trainer	Tanya Fogarty	
General Manager	Trevor Sprague	
Manager	Cathy Bryant	

#	NAME	POS	BORN
1	Sutter Reeves	G	2008
* 2	Heidi Danners	D	2007
4	Tessa Heggart	F	2009
6	Addison Scoville	D	2007
7	Sadie Swanton	D	2009
9	Kendra Carels	D	2010
* 10	Ashlyn Kuffler	F	2007
11	Marlee Sedor	F	2009
15	Emma Asplund	D	2008
16	Sheigh Siemens	F	2008
17	McKayla Romano	F	2007
18	Ryley Sanders	F	2008
19	Jorja Atkinson	D	2008
22	Bailee Allan	F	2007
23	Alia Drummond	F	2007
24	Traeh Hall	F	2007
27	Rehn Hall	G	2008
61	Jayden Quinn	F	2009
70	Sofija Gagnon	G	2010
72	Brooklyn Kraft	F	2008
93	Logan Sullivan	F	2008

* Committed

TEAM STAFF

Title	Name	Contact
Head Coach	Ryan Carels	ryan@pilotmoundhockeyacademy.com
Assistant Coach	Kirt Fortney	or 204-526-0236
General Manager	Nichole Collins	
Manager	Carson McConnell	



#	NAME	POS	BORN
1	Bailey Schwartz	G	2008
3	Neve Cockerill	D	2008
5	Tyhia Delorme	F	2007
10	Lareina Settee	F	2007
11	Shayla Scinocca	F	2008
12	Rylee Lyseng	F	2009
14	Paetyn Stansell	D	2008
16	Braya Kapusta	F	2008
17	Jordan Downey	D	2008
19	Payton Chornley	F	2009
20	Ava Hrubeniuk	F	2009
21	Rowyn Street	F	2009
22	Adriana Duna	F	2009
23	Morgan Barenz	F	2009
26	Sydney Stibbard	F	2008
27	Piper Holbrook	D	2009
29	Maggie Schell	G	2008
67	Shea Warnick	F	2009
79	Attica Sobering	D	2009
91	Brooklyn Collins	D	2009

#	NAME	POS	BORN
1	Ainsley Stauffer-Rolseth	G	2007
4	Brooke Mcclurg	D	2007
5	Hazel Toepfer	D	2007
6	Larahya Gordey	F	2008
7	Nevaeh Sheridan	F	2008
8	Grace Burden	F	2008
9	Teyah Gray	F	2009
10	Hudson Lamb	F	2008
11	Alexander Haug	F	2009
12	Kiana McBride	F	2009
14	Tori Slywka	D	2010
15	Teagan Eurich	D	2008
16	Teegin Mortenson	F	2008
17	Amy-Lynn Fraser	F	2007
18	Makayla Cramer	D	2009
19	Kat Nakama	D	2008
20	Luca Froese	F	2009
21	Devany Bullock	F	2008
22	Alyssa Tremblay-Houle	F	2007
31	Ashlyn Cottreau	G	2008

TEAM STAFF

Title	Name	Contact
Head Coach	Ed Mauro	emauro@therink.ca
Assistant Coach	Brenley Anderson	or 416-949-1668

TEAM STAFF

Title	Name	Contact
Head Coach	Steve Mancini	hc.reign@spkac.ab.ca
Assistant Coach	James Strayer	or 780-264-0342
Assistant Coach	Brad Mcintosh	
Assistant Coach	Jaime Erickson	
Manager	Dede Gordey	



ST. MARY'S ACADEMY FLAMES



THUNDER BAY QUEENS

#	NAME	POS	BORN
1	Kiki Robinson-Prefontaine	G	2007
2	Brooke Froese	F	2010
3	Jade Pelland	F	2008
4	Emilie Bonin	D	2010
* 6	Maggie Nicol	D	2007
7	Reese Kartusch	F	2009
8	Payton Henwood	F	2008
9	Peyton Mages	D	2008
12	Kaitlyn Harvey	F	2009
15	Faith Legault	D	2008
16	Joanna Braun	F	2007
* 17	Camryn Falloon	F	2007
* 18	Hannah Arnold	D	2007
19	Jakiah Curle	F	2009
20	Mullen MacIntyre	D	2009
21	Dayle Bettens	F	2009
22	Hudson Bradley	D	2008
34	Sasha Coutu	G	2008

* Committed

TEAM STAFF

Title	Name	Contact
Head Coach	Larry Bumstead	smaprephockey@outlook.com
Assistant Coach	Rob Friesen	or 204-804-2466
Assistant & Goalie Coach	Terry Patrick	
Assistant Coach	Kennedy Frank	
Trainer	Faye Zachedniak	

#	NAME	POS	BORN
5	Ayla Wrigley	D	2008
6	Addison Chown	F	2008
7	Ella Ferris	D	2008
8	Shayla Koski	D	2009
9	Kali Bragnalo	F	2007
10	Keira Stokaluk	F	2007
11	Emma Darosa	D	2007
12	Madelyn Moore	F	2009
14	Rachael Mann	F	2008
15	Shayla Stokoluk	F	2009
16	Makenzee Kostiuik	F	2007
17	Peyton Borton	D	2008
18	Emily Bragnalo	D	2007
19	Siena Ricciardi	F	2009
20	Mya Steele	F	2007
21	Edelweiss Price	F	2007
30	Emily Jerry	G	2009
35	Jordyn Moen	G	2008

TEAM STAFF

Title	Name	Contact
Head Coach	Scott Wrigley	wrigger@hotmail.com
Assistant Coach	Sydney Isbell	or 807-621-8476
Assistant Coach	Alex Garant	
Assistant/Trainer	Caitlyn Olinski	



WESTMAN WILDCATS



WINNIPEG AVROS

#	NAME	POS	BORN
1	Kylie Hack	G	2009
2	Ivy Fry	D	2010
3	Katie Bell	F	2009
4	Claire Tilbury	F	2007
5	Kadence Mann	D	2008
6	Lucy Waldner	F	2009
7	Reese Schutte	F	2008
8	Emry Cassan	D	2009
9	Charlie Shearer	F	2008
10	Rhiannan Phillips	F	2007
11	Payton Smith	F	2009
14	Callie Franklin	D	2010
15	Ivy Perkin	F	2008
* 16	Callie Hilhorst	D	2007
17	Jaedyn Hoemsen	F	2009
18	Brooklyn Vandaele	F	2008
19	Emma Brown	D	2009
35	Indigo Stone	G	2009

* Committed

TEAM STAFF

Title	Name	Contact
Head Coach	Troy Gould	ltgould@hotmail.com
Assistant Coach	Chris Page	or 204-573-5316
Assistant Coach	Cory Hilhorst	
Assistant Coach	Tony Franklin	
Manager	Erica Hilhorst	
Assistant Manager	Christy Shearer	
Trainer	Tasha Vines	

#	NAME	POS	BORN
3	Samantha Cunningham	D	2007
* 4	Ella Speechley	F	2007
5	Kelsey Dnes	F	2008
8	Cali Lavallee	F	2009
* 9	Rio Pierre	F	2008
10	Sydney Haggart	F	2007
* 11	Carlin Zant	D	2007
12	Addilyn Nohlgren	F	2008
14	Robyn Klassen	F	2008
15	Jenna Turner	D	2008
16	Leah Claussen	D	2009
17	Liberty Aime	F	2007
18	Avery Shortridge	D	2007
19	Selene Wozney	F	2007
* 21	Evy West	D	2007
29	Maddie Sylvestre	G	2007
35	Ana Almeida	G	2008

* Committed

TEAM STAFF

Title	Name	Contact
Head Coach	Ashley van Aggelen	avanaggelen15@outlook.com
Assistant Coach	Brooke Anderson	or 204-688-8641
Assistant Coach	Madisyn Smith	
Manager	Alicia Cowieson	



WINNIPEG ICE



YELLOWHEAD CHIEFS

#	NAME	POS	BORN
1	Bailey Grunewal	G	2007
2	Aliyah Teixeira	D	2008
3	Claire Hudson	D	2008
4	Joslyn Moisey	F	2009
5	Sophie Ohta	D	2009
6	Chloe Nicolas	F	2008
8	Sophie Woznesensky	F	2009
9	Gabrielle Robbins	F	2009
10	Izzy Mann	F	2007
12	Kate Cairns	F	2009
14	Teagan Walker	D	2009
15	Halle Chabluk	F	2008
16	Cassie Carvalho	F	2008
17	Talia Jones	F	2008
18	Avary Lazarenko	D	2007
19	Chloe Delaquis	D	2008
30	Gina Plett	G	2009

#	NAME	POS	BORN
1	Gracie Johnston	G	2009
2	Casey George	F	2009
3	Jayce Oakden	D	2009
4	Courtney Cochrane	D	2009
5	Brooke Maxwell	F	2008
6	Emma Pollock	F	2008
* 8	Kirby Gray	F	2007
9	Jordan Woloski	F	2008
10	Jordyn Veitch	F	2007
11	Presley Hodson	F	2008
14	Nicole Rozdeba	F	2009
15	Erica Miko	D	2008
16	Brooklynn Cochrane	D	2007
17	Callee DeSpiegelaere	F	2009
18	Rose Cochrane	D	2010
19	Tara Knight	F	2007
23	Grace Kirk	D	2007
33	Clair Merckx	G	2007

* Committed

TEAM STAFF

Title	Name	Contact
Head Coach	Eugene Kaminsky	ekaminsky2665@gmail.com
Assistant Coach	Jessica Kaminsky	or 204-794-5514
Assistant Coach	Taylor Wabick	
Assistant Coach	Kylie Klassen	
Trainer	Katie Plett	
Manager	Lee Klassen	

TEAM STAFF

Title	Name	Contact
Head Coach	Derek Tibbatts	johndeer@mymts.net
Assistant Coach	Sam Geekie	or 204-773-0594
Assistant Coach	Logan McGonigal	
Assistant Coach	Jamie Hodson	
Manager	Christa Veitch	

The Female World Sport School Challenge thanks the following sponsors



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